

Shanaishchara/Saturn

He is in the 26th kakshya

- As per Krishnamruta Maharnava written by Acharya Madhwa – Shanaishchara **will not harm** us if we observe **Ekadashi Vrata** –

EkaadashIsamaM kiMchit paapatraaNAM na vidyatE |
vyaajEnaapi kRutaa raajan na darshayati bhaaskariM |

एकादशीसमं किंचित् पापत्राणं न विद्यते ।

व्याजेनापि कृता राजन् न दर्शयति भास्करिं ।

ಏಕಾದಶೀಸಮಂ ಕಿಂಚಿತ್ ಪಾಪತ್ರಾಣಂ ನ ವಿದ್ಯತೇ ।

ವ್ಯಾಜೇನಾಪಿ ಕೃತಾ ರಾಜನ್ ನ ದರ್ಶಯತಿ ಭಾಸ್ಕರಿಂ ।

(As both Yama and Shanaishchara both are sons of Surya – they both are termed as “**Bhaskari**” – if one does Ekadashi, there will not be any fear of Yama or Shani)

शनैश्चरा स्तोत्र

(हरिकथामृतसार –कक्ष्या तारतम्य संधि 32– श्लोक 44)

हरिगुरुगळर्चिसद पापा–

त्मरन शिखिसलोसुग शनै–

श्चरनेनिसि दुष्पलगळीवे निरंतरवु बिडदे ।

तरणिनंदन निन्न पादां–

बुरुहगळिगानमिपि बहुदु–

स्तरभवार्णवमग्ननादेन्नुध्धरिसबेकु ॥

ಶನೈಶ್ವರ ಸ್ತೋತ್ರ

(ಹರಿಕಥಾಮೃತಸಾರ - ಕಕ್ಷಾ ತಾರತಮ್ಯ ಸಂಧಿ 32 - ಶ್ಲೋಕ 44)

ಹರಿಗುರುಗಳರ್ಚಿಸದ ಪಾಪಾ-

ತ್ಮರನ ಶಿಕ್ಷಿಸಲೋಸುಗ ಶನೈ-

ಶ್ವರನೆನಿಸಿ ದುಷ್ಟಲಗಳಿವೆ ನಿರಂತರವು ಬಿಡದೆ |

ತರಣಿನಂದನ ನಿನ್ನ ಪಾದಾಂ-

ಬುರುಹಗಳಿಗಾನಮಿಪಿ ಬಹುದು-

ಸ್ತುರಭವಾರ್ಣವಮಗ್ನನಾದೆನ್ನಧ್ಧರಿಸಬೇಕು ||

Shani punishes those paapaatmaas who does not do the pooja of Hari-guru by giving Dushpala. Please bless me to come out of this samsarasamudra

“Shanishchara Jayanti” is believed to be the day when Shani, one of the Navagrahas made its appearance on Earth. Shanaishchara has the capacity to create influence on the horoscope and in their life.

Suryaputra Shani was born on Vaishaka Krishna Amavasye in Chayadevi. Surya’s wife SanGya (ಸಂಜ್ಞಾದೇವಿ) is the daughter of Vishwakarma. Surya got Yama, Yamuna and Shraddadeva (Vaivaswatha Manu) from SanGyadevi. After giving birth to three children, when she could not sustain the heat of Surya, she left him, leaving her shadow (Chayaa) and went to forest. SanGyadevi asked Chayadevi to stay as the wife of Surya and told her not to reveal about SanGyadevi’s leaving him. Chayadevi had told SanGyadevi that if Surya comes to know about the same, she would tell and leave him.

So, Chayadevi stayed there in the disguise of SanGyadevi as the wife of Surya, who was unnoticed of the fact that SanGyadevi has left. He got 3 children in Chayadevi. Shani is the first son of Chayadevi and Surya.

Shanaishchara is slow in his move

As per Narasimha Purana -

As the days passed, Chayadevi was neglecting the children of SanGyadevi and was taking care more on her own children. That is she showed her Savati matsarya on the children of SanGyadevi. This made Yama angry and he complained to his father. Initially Surya didn't bother about that. After many complaints, Surya questioned his wife as to why she was showing partiality to her own children. This made Chayadevi leave Surya. Now Surya realized that his wife SanGyadevi was not there with him. He got angry and cursed his son Shani born from Chayadevi to be handicapped. Shani is said to have less power to his legs because of the curse by his own father and as such he is very slow in movement.

As per Brahma Vaivarta Purana - Once when Ganapathi was born, all gods had come to see the child as it was very handsome and was attracting. Even Shani had come to see the child, but he was hesitating, as he had a curse from his wife (Shani's wife) that if he sees the child directly, the child's head would fall. But Parvati insisted Shani to come and see the child. As soon as Shani saw the child, as his drusti was fierce, and as per curse of his wife, the head of Ganapathi fell. Now, Parvathi got angry at Shani, she cursed him to be handicapped and as such, Shani is handicapped. Subsequently Vishnu brought the head of an elephant to the body of Ganapathi and joined. As such, Ganapathi is said to have elephant's face (As he was doing the smarana of Vishwambara roopa of Srihari – Vishwambhara roopa is the Srihari's central face).

Graharaajo bhava shanE madhvarENa hariPriya: |
shaapOmOGastatO mEdya kinchit KanJO bhaviShyasi |
(Brahma Vaivarta purana)

(The difference in Puranaas may be due to Kalpa bedha.)

When Parvati cursed Shani, Surya angry was upset and was about to curse her, but by that time, Parvati blessed the child that he shall not become fully handicapped, instead he shall be a cripple or lameman (one who moves slowly).

On this day we must do the daana of sesamam (eLLu), gingelly oil, deepadaana, which makes Shani happy.

- SaaDE saatee - The graha SHANAISCHARA (Saturn), also known as “Manda” (slow), is generally known to affect one adversely on occasions when he occupies certain positions in one's horoscope like Saade Saati (7 1/2 years) Ashtama Shani (Saturn in 8th house - 2 1/2 years) etc.
- Shani's father - Surya (Sun)
- Shani's Vehicle - Crow
- Shani's day - Saturday
- He is called as “Bhaskari” – as he is suryaputra
- Shani is one among the Navagrahaas.
- He is called as Shanaischara – as he is a slow mover from one raashi to the other when compared to other planets.
- He is called as “TaraNi nandana – as he is the son of Suryaputra
- He is called as “Chayaputra” – as he is the son of Chaya (shadow wife of Sun)

Shani prarthane –

ಕ್ರೂರಾವಲೋಕನವಶಾದ್ ಭುವನಂ ಕ್ಲೇಶಯತಿ ಯೋ ಗ್ರಹಃ ರುಷ್ಠಃ |
ತುಷ್ಠೋ ಧನಕನಕಸುಖಂ ದದಾತಿ ಸೋಟಿಸ್ಮಾನ್ ಶನೈಶ್ಚರಃ ಪಾತು ||
ಕೋಣಂ ನೀಲಾಂಜನಪ್ರಖ್ಯಂ ಮಂದಚೇಷ್ಠಾಪ್ರಸಾರಿಣಂ |
ಛಾಯಾ ಮಾತಾಂಡಸಂಭೂತಂ ನಮಸ್ಯಾಮಿ ಶನೈಶ್ಚರಂ ||
ಕೋಣಸ್ಥಃ ಪಿಂಗಲೋ ಬಭ್ರುಃ ಕೃಷ್ಣೋ ರೌದ್ರೋಂತಕೋ ಯಮಃ |
ಸೌರಿಃ ಶನೈಶ್ಚರೋ ಮಂದಃ ಪಿಪ್ಪಲಾದೇನ ಸಂಸ್ತುತಃ ||

ನೀಲಾಂಜನಗಿರಿಪ್ರಖ್ಯಂ ರವಿಪುತ್ರಂ ಯಮಾಗ್ರಜಂ ।
ಛಾಯಾಮಾರ್ತಾಂಡಸೂನುಂ ಚ ಪ್ರಣಮಾಮಿ ಶನೈಶ್ಚರಂ ।

ಕ್ರೂರಾವಲೋಕನವशाद् भुवनं क्लेशयति यो ग्रहः रुष्टः ।
तुष्टो धनकनकसुखं ददाति सोटिस्मान् शनैश्चरः पातु ॥
कोणं नीलांजनप्रख्यं मंदचेष्टाप्रसारिणं ।
छाया मार्तांडसंभूतं नमस्यामि शनैश्चरं ॥
कोणस्थः पिंगलो बभ्रुः कृष्णो रौद्रोतको यमः ।
सौरिः शनैश्चरो मंदः पिप्पलादेन संस्तुतः ॥
नीलांजनगिरिप्रख्यं रविपुत्रं यमाग्रजं ।
छायामार्तांडसूनुं च प्रणमामि शनैश्चरं ।

krUraavalOkanavashaad bhuvanaM klEshayati yO graha: ruShTha: |
tuShThO dhanakanakasuKaM dadaati sOTismaan shanaishchara: paatu||
kONaM nIlaaMjanapraKyaM maMdachEShThaaprasaariNaM |
Caayaa maartaamDasambhUtaM namasyaami shanaishcharaM ||
kONastha: piMgalO babhru: kRuShNO roudrOMtakO yama: |
souri: shanaishcharO maMda: pippalaadEna samstuta: ||
nIlaaMjanagiripraKyaM raviputraM yamaagrajaM |
ChaayaamaartaamDasUnuM cha praNamaami shanaishcharaM |

Source – Harikathamrutasara, Krishnamruta maharnava,
Chaitradimasa kartavya, Pravachanas, etc

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