

Jayatirtha's "padyamaala"

Sri Jayatirtha's "Padyamala"

praNamya sreepatiM sarvaan gurUMchaatha pravachmyahaM |
yathaamati hare: poojaavidhiM vaiShNavasaMataM |

1. Here he has done the vandana of Srpati (which comprise of Brahmarudradi devaadi vandya Lakshmisahita Srihari"), with the word 'gurUn", he has done the vandana of all tatvaabhimaani devataas, Padmanabhatirthaadi gurus, and has told the pooja to be done as per tantrasaarokta vidhi vidhaana.
2. Saadhanaas required – five or seven kalashaas, tulasi. Flower plucked on the same day.
3. Shlokas 3-5 – Grahya flowers – Lotus, ketaki, maalati, mallige, etc sugandhabharita flowers. Flowers grown in his own house, or grown in forest. Flowers to be plucked before bathing.

Agrahya flowers - nirgandhita flowers (flowers without smell), purchased, stolen, plucked by shoodras, flowers touched to our body, flowers grown in temples, flowers demanded and brought from others, flowers brought in plain hand (it should be brought in a vessel), etc.

4. Shlokas 6-8 – Dwarakapala namana – shriyai: namaha; jayaaya namaha; vijayaaya namaha.....
5. Shloka 9 – Opening the garbha gudi with the shloka "vaayavaa yaahi darshate"
6. Shloka 10 – While entering clap thrice near the door, enter the devaramane with right foot. Chant shloka "agninaagni samidhyate" and do the prajwalana of deepa.
7. Shloka 11 - 12 – Vignochatana, Bhootochatana
8. Shloka 13 – Maanushagandha nirasa
9. Shloka 14 – chanting Brahmapaara stotra – "brahmapaara munE; shrOtumichchaama: paramaM stavaM | japataa kaMDunaa dEvo yEnaaraadhyata kEshava: || - Chanting Brahmapaara stotra can remove brahmahatya dosha.
10. Shloka 15-17 – GanTaavaadana - With vaadana of GanTaa, all the demons will go out and devaas would enter the house. GanTaavaadana to be done during Abhisheka, dhoopa, deepa samarpana, naivedya, shayanotsava, pravachana, alankara time as well.
11. Nirmalya visarjana – Nirmalya to be done with the angusta and tarjani fingers and put the nirmalaas in the Harivaana – We have to do the chintana as Rudradevaru holding the Harivaana – during nirmalya visarjana we must chant "ambhrunee sooktha". Sweekara of nirmalya tirtha gives the punya of 12 years ekadashi upavasa phala.
12. Shloka 18 – snaanapaatra sthapana, peetha stapanam, mantapa dhyana – with the mantras "uttapOjwala kaanchanEna rachitaM tuMgaaMgaraMgasthalaM", etc.....
13. Shloka 19-21 – bhootochchaatane & giving aasana -
14. Shloka 22-25 - aasana devataas – Om maM manDookaaya nama:, OM kuM kUrmaaya namaha; OM vaM varaahaaya namaha; oM naM shEshaaya namaha; Om kaM kaalaagnirudraaya namaha; Om vaM vajraaya namaha.
15. Shloka 26-27 digbhandana procedure
16. Shloka 28-29 – sankalpa mantra – anantakalyaana guNaikasiMdhum shriviShNunaa prEritamaanasOhaM | tasyaiva vlryENa balEna tEjasaa saMjlvitasvaaMTavapushchiMdiMdriya: |.....
17. Shloka 30-31 – With "ya", "ra", 'va" chant them with Omkaaram, and anuswara – chant these mantras - vaayu, agni, varuNa, - for the shuddhi of our hands.

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18. Shloka 32-34 – guruvandana, paapapursusha nirasana
 19. Shloka 35 – Do pranayama, tatvanyasa, matrukanyasa
 20. Shloka 36 – chant ashtakshara mantra japa with – udyadbhaasvad....
 21. Shloka 38 – praarthana mantra – AraadhyasE praaNabhRutaaM praNEtraa..... chant “nishuseeda.....” mantra.
 22. Shloka 39 - 40 – We have to do the chintana with bimbOsi pratibimbosmi – Srihari is without doshaas. And that he is bimba. And that I am his pratibimba (mirror). There is a broad difference between u & me....
 23. Shloka 41 –showing praarthana mudra
 24. Shloka 42-45 – kalasha devataas – We have to invite for Kalasha the following devataas - 51 maatruka devataas; keshavaadi 24 moorthis, vishwa, taijasa, praajna, tureeya, aatma, antaraatma, paramaatma, jnaanaama, vaasudeva, sankarshana, pradyumna, anirudda, etc 12 roopaas, dashavataara roopaas; vedavyasa, dattatrEya, shimshumaara roopaas; - all these roopaas to be invited in Kalasha – to be invited alongwith srimannaaraayana.
 25. Shloka 46-48 – Kalasha details - Three kalasha for naivedya prokshana, panchapatrapoorana, paaneeya, individually. Two more kalasha for paani prakshakaba and for gandha. – two kalashas for gandhodaka and shuddodaka. - TOTAL 7 kalashaas. If seven is not possible, 5 or 3 or 2 kalasha can be used
 26. Shloka 49 – kalasha praarthana mantra – imam mE chaata gangE....
 27. Shl 50 – mudra pradarshana – shanka; chakra; gadaa; padma, dhenyu; taarkshya mudra showing.
 28. Shl 51-52 – shankapooja details – Fill shanka with water from kalasha, chant “tvam puraa saagarOtpannam..” and do prarthana of shanka . show shanka mudra; ...
 - Chant shanka gayatri mantra thrice – viz., paaMchajanyaaya vidmahE mahodaraaya deemahi | tanna shanka prachodaaat |
- Note – We must not dip shanka itself in kalasha. We must take water from kalasha from uddarane and pour it to shanka and fill it. We must not keep shanka direct on the floor. We must not do the abhisheka of other devataas with shanka directly. We have to use it only for abhisheka of srihari and saligrama. We must never drink shankodaka. We should only get prokshana of shankodaka.
29. Shloka 53-55 – PANCHAPATRA POOJA - PANCHAPATRAS ARE 1) ARGYA PATRA; 2) PAADYA PATRA; 3) ACHAMANEEYA PATRA; 4) SNAANA PATRA 5) MADHUPARKA & PUNARACHAMANEEYA PAATRE
 30. Shloka 56 – Shankodaka prokshana
 31. Shloka 57 , 58 – Peeta pooja – aavahana
 32. Shloka 59 -61 – Avaahana vidhi
 33. Shloka 62 -63 – praarthana mantra & Avaahana
 34. Shloka 64 – Punapraartana mantra
 35. Shloka 64 – 67 – showing aavahanaadi 6 mudras – avaahana, saannidhya, sthaapana, sannirodhana, sammukhikarana, avagunTana
 36. Shloka 68 – Invite Srihari for coming to snaana gruha – paaduka samarpana
 37. Shloka 69 – By chanting Bhadram karnebhi...do sthanapana in snaana peeTa and show 6 mudraas
 38. Shloka 70 -72 – argya, panchamruta samarpana
 39. Shloka 73 -74 – shuddodaka snaana mantra
 40. Shloka 75-76 – vastra samarpana, yajnopaveeta, abharaNa samarpaNa; puna: peeta stapane –
 41. Shloka77-78 – doing tatvanyasa, matrukanyasa, astakshara JAPA
 42. Shl 79-81 – pooja of the weapons of srihari and samarpana of abharana

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43. Shloka 82-89 – Avarana pooja – Do the pooja of Lakshmi to the left of Srihari, to his right do the pooja of dharaadevi;
In first avarana in four directions, Kruddolka, maholka, veerolka, dyolka named bhagavadroopaas, in agneya, vayavyaadi directions – sahasrolka named bhagavadropa;
In second avarana – in four directions, - vasudeva, sankarshana, pradyumna and anirudda bhagavadroopaas, and in agneyaadi four directions – maaya, jayaa, kruti, shanti named ramaa ropaas.
In third avarana – keshavadi chaturvimshati roopaas to be worshipped in chaturdikku (2 each in four directions), and agneyadi upa directions 1 each.
In fourth avarana – sankarshanaadi dwadashamoorthi;
In fifth avarana – martsyaadi dashamoorti, ananta, viswa roopas
In sixth avarana – In four directions – ananta, brahma, vayu, rudra, garuda, - In agneyadi directions – varuni, saraswathi, bharti, giriya, suparNi
In seventh avarana – In eight directions – indraadi ashta dikpalakaas –

In this way, in all 7 avaranaas – we have to do different roopaas, their pathi roopaas, their weapons, etc

44. Shlokas 90-92 – pooja of 12 dwarapalakaas – viz.,vajranabha, hareesha, Gaanganaya, Shankanidhishwara, jaya, vijaya, daatru, vidhaatru, bhadra, subadra, amruteswara, virupaaksha.
45. Shloka 93-94 – doopa deepa samarpana with mantra “vanaspatyudbhavo”... “saajyam trivartisamyuktaM”.....
46. Shl 95 – naivedya, abhimudrana – write “sree” bheejakshara – Keep naiveda items, chant dwadasha stotra. Do prokshana, put tulasi leaf on vaivedya, do prokshana with Vishnu gayatri – naayaNaaya vidmahE vaasudEvaaya dhImahi, tannO viShNu: prachOdayaat”. Never keep nishidda items for naivedya. Do the chintana of naivedya padartha abhimaani devataas, shadrasa abhimani devatga, and with niyamaka roopaas. NEVER do prokshana with Shanka directly.
47. Shl 96 -97 – mudra pradarshana – show dhenu mudra and chant “surabhai namaha”,, show taarkshya mudra and chant “om namO bhagavatE sudarshanaaya mahachakraaya huM phat svaaha”....
48. Shl 98-102 – parishechana, aposhana –“satyam tvartEna pariShinchaami”
49. Shl 103-104 – Praanaarhuti samarpana – om sri praanaatmane naaraayanaya svaaha, sri praanaatmanE naaraayanaaya idam na mama”.....
50. Shl 105 – paaneeya samarpana – with mantra “gangodakam samaanItaM”
51. Shl 106 – Uttaraposhana samarpana – “amrutaapidhaanamasi svaaha”.
52. Shl 107 – hasta prakshalana, achamana, etc
53. Shl 108 - Taambola, dakshine samarpana
54. Shl 109 – punardeepa samarpana – with jayatyaaadi mantras, archataas mantras,
55. Shl 110 – mantrapushpa samarpana – ahimsa prathamam pushpam, pushpamindrianigraha |..... raajaadiraajaaya prasahyashaayine |
56. Shl 111 – chatra, chamara samarpana
57. Shl 112 – shankabhramana – with mantra – “imaa Apa: priyatamaa “ imaa sarvasya bhESHaji.....” Fill pure water in shanka, show dhenu mudra, chakra mudra. Bring (Show) shanka from paada to shira 1 time, from naabhi to shira 1 time, hrudaya to shira 1 time, in pradakshinaakaara and do aarati).
58. Shl 113-114 – Pradakshina namaskara, ashtaakshara mantra japa

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59. Shl 115 – rama brahmaadi devete naivedya, puna: tattvanyaasa, maatrukaanyaasa – Do samarpana of bhagavadarpita nirmalya, tirtha, gandha, akshate, tulasi, pushpa to Rama , brahma, vaayu, follow taaratamya..... For abhisheka of Lakshmidivi (ambhruni sookta), Vayu (with balittasookta).
60. Shl 116-119 – pratyavahana vidhi, puna: tattvanyaasa, maatrukaanyaasa & Krishnaparna
61. Shl 120 – Vaishnavaraadhana – Then Do Vaishwadeva, Baliharana, Tulasi pooja, give hastodaka to Padmanabha, Narahari, Madhava, Akshobhya, Teekakrutpadaru,....vyasarajaru, Vijayeendraru, Sudheendraru, Rayaru,..... Give gograsa
62. Shl 121-123 – Grantha phalashruti - This grantha is written based on Tantrasarokta pooja paddati. If for any reason, pooja can't be done, with the chanting of Padyamala itself pooja phala would be coming.

This is written based on "Padyamala" by Sri Jayatirtharu.

This is only a summary. It is not the full version. Only some steps have been taken into account while writing the document. Please follow the procedure/instruction followed by your ancestors/ gurugalu while following the pooja.

Source : Sri Vyanakere Prabhanjanachar's book titled "Padyamala" in Kannada
Collection by Narahari Sumadhwa
for www.sumadhawaseva.com