

## **Surya Grahana- 15.01.2010**

### **Vishnu Sahasra Naama Homa –**

**For those who are having Ashuba Phala *and* for loka kalyanartham –**

**VISHNU SAHASRA NAAMA HOMA & *Sahasra Aditya Homa* is being conducted at Rayara Mutt, Shakambari Nagar, Bangalore during the Grahana Period.**

**HOMA KANIKE Rs.75/- .**

**Those who are interested in actual participation of the Grahana Shanthi may take part and those who would like to register their names for Shanthi may give the full details of the Gotra, Nakshatra, Rashi, and name to : **Naraharisumadhwa@yahoo.in** and amount can be remitted online or sent by DD/Cheque or MT**

***It can be remitted online to :***

***SB A/C WITH CORPORATION BANK, MG ROAD, BANGALORE -  
A/c Name – Sri Sumadhwa Seva Samithi Trust***

***Account Number : SB01018619***

***(PL INCLUDE SB ALSO ALONGWITH A/C NUMBER)  
(NEFT CODE CORP0000341).***

**FOR FURTHER DETAILS CONTACT NARAHARI SUMADHWA  
9916904341 OR RAGHAVENDRACHAR 9845760226**

**MUTT ADDRESS – SUMADHWASEVA SAMITHI TRUST (R),  
SHAKAMBARI NAGAR, RAYARA MUTT ROAD, I MAIN, BANGALORE  
– 560070 (PH 65700759)**

**Shubha Phala – Mesha, simha, vrushchika & Meena Rashi**

**Mishra Phala – Vrushabha, Karka, kanyaa, dhanu**

**Ashubha phala – Mithuna, tula, makara, kumba rashi**

**Vishesha Ashubha phala – Uttarashada Nakshatra & Makara Rashi**

**Grahana Sparsha Time 11.05am (IST)**

**Madhya Kaala – 1.14 pm**

**Some of the observances to be followed on Grahana Day :**

- 1. On Grahana day – We must not do panchamrutha, phalasamarpane and Hastodaka, to yathigalu, as the Yathigalu will be on fasting on this day.**
- 2. We can take food upto 9.22 pm on 14.1.2010**
- 3. Vedarambha starts @ 9.22 pm on 14.1.2010**
- 4. On 15.1.2010 Morning nothing to be taken.**
- 5. Grahana period is termed as “Parva kaala”. As such, one can get upadesha of various mantraas during the period, and if it is done, it will have more significance and have siddhi.**
- 6. Shraddha if it is falling on 15.1.2010 (paaDya shradda) can be done on 16.1.2010.**
- 7. Grahana nimitta Shraddha - During Grahana, if one does shradda, deva-pitrugalu will be pleased and Bhoodana phala will be gained. But please note pinda should be prepared from rice flour or suvarna. anna not to be prepared for pinda pradhana. – daana to be given to satpatraru.**
- 8. Vedarambha period is the period from which we are not supposed to take anything whether it is liquid/solid. From this period as the Grahana dosha starts, whatever we eat will be converted as germs and spoils our food. Another important thing is that by that time the real grahana starts, our stomach to be empty.**
- 9. Why we are keeping Darba on all the items during Grahana? - Darba is born from the body of Varaha devaru. In Darba, there is sannidhana of Srihari, Brahma and Rudradevaru. So, Darba is always pure. During Grahana, all these items like milk, curds, vegetables, which are being kept will loose their power and becomes unusable. But with the use of Darba being kept on these items, their shuddatwa will be maintained and one can use the same after Grahana also.**
- 10. Kethugrasta Chandra Grahana - & Rahugrasta Surya Grahana. Who is Kethu and who is Rahu? During Samudra Mathana, when Mohini**

roopi Srihari was distributing the amrutha, one daithya by name Svarbhanu, came in a disguise and sat among the devate's row. Srihari gave him Amrutha also. At that time Sun and Moon, on seeing that Swarbhanu has come in Devate's row and taking amrutha, complained to Mohini, when Srihari through his Sudarshana removed the head of that daithya. Actually that daithya had done penance asking for Amrutha to be falling to his mouth. As such, Srihari had allowed Amrutha to be swallowed upto its mouth, but it didn't enter beyond mouth, Srihari had removed his head. As such, the head of the daithya was fixed to a snake's body to become "Rahu", and the other portion without head is called as "Kethu". To take a revenge on Surya Chandraru, Rahu tries to swallow Surya and Kethu tries to swallow Moon during Surya Grahana and Chandra Grahana respectively. That is why the eclipses are termed as Rahugrasta Suryagrahana and Kethugrasta Chandragrahana.

11. We must take bath once when the Grahana starts (sparsha) and once when the grahana ends (moksha). Snaana done at the beginning of Grahana gets phala which is equal to Laksha tirtha snaana and mokshanantara snaana gets you phala which is termed as "ananta" (uncountable).
12. Homa and shanthi done during Grahana period gets phala which is more than crore time phala.
13. Even those who are observing soothaka also must observe Grahana snaana.
14. Even the Rajaswala ladies must observe Grahana snaana.
15. While doing sparsha snaana, we must do the snaana with the clothes we are wearing in.
16. Tarpana during Grahana Madhya kaala : – Tarpanaadhikarigalu must give tarpana to sarva pitrugalu during madhyakaala of grahana. This will fetch us punya equal to samasta bhoodhana. The pitru devategalu, if Tarpana is done, will get drop of amrutha during the period.
17. During Grahana we must do daanaas – Godaana, Suvarna Daana, Bhoodana, dhaanya dhaana (yathaashakthi. )
18. Milk, curds, vegetables, water and other items are free from Grahana dosha provided a kusha (darbe) is kept on the items. But baked items are not free from grahana dosha, even though darbe is kept on them.
19. Two days prior and two days after Grahana are Varjya for "Shubha Kaarya".
20. Tarpana during Grahana period

**21. During Grahana period do as much japa as possible, do paarayana of Vayustuthi, Rayara Stotra, Sumadhwa Vijaya, etc (depending upon the time available). Those who does not know Rayara Stotra, etc., & ladies atleast they can chant the following mantra :**

**harE raama harE raama raama raama harE harE |**

**harE kRiShNa harE kRiShNa kRiShNa kRiShNa harE harE |**

**Ladies can chant Madhwanaama, sing devaranamagalu, they can do guru mantra, etc. Grahana dosha pariharaartha stotra to be chanted –**

**praaNarUpO hi lOkaanaam sadaa kRuShNamRugapriya: |  
vaayu: sUryOparaagOtthaam gRahapIDaam vyapOhatu |  
yO saavindudharO dEva: pinaakI vRuShavaahana: |  
sUryOparaagapaapaan i sa naashayatu shaMkara: ||  
trailOkyaE yaani bhUtaani sthaavaraaNi charaaNi cha|  
brahmaviShNvarkarud raashchadahantu mama paatakam |**

ಪ್ರಾಣರೂಪೋ ಹಿ ಲೋಕಾನಾಂ ಸದಾ ಕೃಷ್ಣಮೃಗಪ್ರಿಯಃ |  
ವಾಯುಃ ಸೂರ್ಯೋಪರಾಗೋತ್ಥಾಂ ಗ್ರಹಪೀಡಾಂ ವ್ಯಪೋಹತು |  
ಯೋ ಸಾವಿಂದುಧರೋ ದೇವಃ ಪಿನಾಕೀ ವೃಷವಾಹನಃ |  
ಸೂರ್ಯೋಪರಾಗಪಾಪಾನಿ ಸ ನಾಶಯತು ಶಂಕರಃ ||  
ತ್ರೈಲೋಕ್ಯೇ ಯಾನಿ ಭೂತಾನಿ ಸ್ಥಾವರಾಣಿ ಚರಾಣಿ ಚ |  
ಬ್ರಹ್ಮವಿಷ್ಣುರ್ವಕರುದ್ರಾಶ್ಚದಹಂತು ಮಮ ಪಾತಕಮ್ |

ಪ್ರಾಣರೂಪೋ ಹಿ ಲೋಕಾನಾಂ ಸದಾ ಕೃಷ್ಣಮೃಗಪ್ರಿಯಃ |  
ವಾಯುಃ ಸೂರ್ಯೋಪರಾಗೋತ್ಥಾಂ ಗ್ರಹಪೀಡಾಂ ವ್ಯಪೋಹತು |  
ಯೋ ಸಾವಿಂದುಧರೋ ದೇವಃ ಪಿನಾಕೀ ವೃಷವಾಹನಃ |  
ಸೂರ್ಯೋಪರಾಗಪಾಪಾನಿ ಸ ನಾಶಯತು ಶಂಕರಃ ||  
ತ್ರೈಲೋಕ್ಯೇ ಯಾನಿ ಭೂತಾನಿ ಸ್ಥಾವರಾಣಿ ಚರಾಣಿ ಚ |  
ಬ್ರಹ್ಮವಿಷ್ಣುರ್ವಕರುದ್ರಾಶ್ಚದಹಂತು ಮಮ ಪಾತಕಮ್ |

**Those who are having ashuba phala for Surya Grahana, they have to chant the following mantras for parihaara.**

**yOsou vajradharO dEva: Adityaanaam prabhurmata: |  
sUryagrahOparaagO tthagrahapIDaam vyapOhatu |  
yOsou danDadharO dEva: yamO mahiShavaahana: |  
sUryagrahOparaagOttha grahapIDaaM vyapOhatu |  
yOsou shUladharO dEva: pinaaki vRuShavaahana: |  
sUryagrahOparaagOttha grahapIDaam vyapOhatu |**

ಯೋಸೌ ವಜ್ರಧರೋ ದೇವ: ಆದಿತ್ಯಾನಾಂ ಪ್ರಭುರ್ಮತ: |  
ಚಂದ್ರಗ್ರಹೋಪರಾಗೋತ್ಥಗ್ರಹಪೀಡಾಂ ವ್ಯಪೋಹತು |  
ಯೋಸೌ ದಂಡಧರೋ ದೇವ: ಯಮೋ ಮಹಿಷವಾಹನ: |  
ಚಂದ್ರಗ್ರಹೋಪರಾಗೋತ್ಥ ಗ್ರಹಪೀಡಾಂ ವ್ಯಪೋಹತು |  
ಯೋಸೌ ಶೂಲಧರೋ ದೇವ: ಪಿನಾಕೀ ವೃಷವಾಹನ: |  
ಚಂದ್ರಗ್ರಹೋಪರಾಗೋತ್ಥಗ್ರಹಪೀಡಾಂ ವ್ಯಪೋಹತು |

योसौ वज्रधरो देव: आदित्यानां प्रभुर्मत: |  
चंद्रग्रहोपरागोत्थग्रहपीडां व्यपोहतु |  
योसौ दंडधरो देव: यमो महिषवाहन: |  
चंद्रग्रहोपरागोत्थ ग्रहपीडां व्यपोहतु |  
योसौ शूलधरो देव: पिनाकी वृषवाहन: |  
चंद्रग्रहोपरागोत्थग्रहपीडां व्यपोहतु |

**Snaana sankalpa during Grahana :-**

**Achamyā, pranāyāmyā,.....**

**shrI gOvinda EvanguNa vishEShaNa vishiShTaayaam shubha puNyatithou,  
sakala gangaadhī tIrthaabhimaani sannidhou, Sri raaghavEndra tIrtha**

**guruvantargata, bhaaratIramaNa muKyapraaNa antargata shrI lakShmI narasimhaabhinna shrI viShNuprEraNayaa, shrI viShNuprItyartham, graha pIDaa dOSha parihaaraartham sUryaparaaga samayE snaanamaham karOmi.**

प्रार्थिताभीष्ट सन्धानः प्रथ्यर्थि मथ भंजनः।  
श्रीनाथ तीर्थ गुरुरात् ईप्सिथार्थ प्रदोस्थुनः ॥  
ಪ್ರಾರ್ಥಿತಾಭೀಷ್ಠ ಸನ್ಧಾನಃ ಪ್ರಥ್ಯರ್ಥಿ ಮಥ ಭಂಜನಃ।  
ಶ್ರೀನಾಥ ತೀರ್ಥ ಗುರುರಾತ್ ಈಪ್ಸಿಥಾರ್ಥ ಪ್ರದೋಸ್ಥುನಃ ॥

ಶ್ರೀ ಗೋವಿಂದ ಏವಂಗುಣ ವಿಶೇಷಣ ವಿಶಿಷ್ಟಾಯಾಮ್ ಶುಭ ಪುಣ್ಯತಿಥೌ, ಸಕಲ ಗಂಗಾಧಿ ತೀರ್ಥಾಭಿಮಾನಿ ಸನ್ನಿಧೌ, ಶ್ರೀ ರಾಘವೇಂದ್ರ ತೀರ್ಥ ಗುರುವಂತರ್ಗತ, ಭಾರತೀರಮಣ ಮುಖ್ಯಪ್ರಾಣಾಂತರ್ಗತ ಶ್ರೀ ಲಕ್ಷ್ಮೀ ನರಸಿಂಹಾಭಿನ್ನ ಶ್ರೀ ವಿಷ್ಣುಪ್ರೇರಣಯಾ, ಶ್ರೀ ವಿಷ್ಣುಪ್ರೀತ್ಯರ್ಥಮ್, ಗ್ರಹ ಪೀಡಾ ದೋಷ ಪರಿಹಾರಾರ್ಥಮ್ ಸೂರ್ಯಪರಾಗ ಸಮಯೇ ಸ್ನಾನಮಹಮ್ ಕರೋಮಿ.

श्री गोविंद एवंगुण विशेषण विशिष्टायाम् शुभ पुण्यतिथौ, सकल गंगाधि तीर्थाभिमानि सन्निधौ, श्रि राघवेन्द्र तीर्थ गुरुवंतर्गत, भारतीरमण मुख्यप्राणांतर्गत श्री लक्ष्मी नरसिंहाभिन्न श्री विष्णुप्रेरणया, श्री विष्णुप्रीत्यर्थम्, ग्रह पीडा दोष परिहारार्थम् सूर्यपराग समये स्नानमहम् करोमि

**Grahana kaala tarpana sankalpa - Achamana, kEshavaaya....., pranamasya.....**

**adya pOrvOchcharita EvaMguNa vishEShaNa vishiShTaayaaM shubha puNyatithou, samasta pitRuMtaryaami shrI madhvavallabha shrI majjanaardana vaasudEva prItyarthaM, sUrya (chaMdra) paraaga kaalE tilatarpaNamahaM kariShyE | anEna tila tarpaNEna samasta pitraMtaryaami shrI**

**madhvavallabha shrImajjanaardhana vaasudEva prIyataaM  
priyatO varadO bhavatu | shrI kRuShNaarpaNamastu |**

ಅದ್ಯ ಪೋರ್ವೋಚ್ಚರಿತ ಏವಂಗುಣ ವಿಶೇಷಣ ವಿಶಿಷ್ಟಾಯಾಂ ಶುಭ ಪುಣ್ಯತಿಥೌ,  
ಸಮಸ್ತ ಪಿತೃಂತರ್ಯಾಮಿ ಶ್ರೀ ಮಧ್ವವಲ್ಲಭ ಶ್ರೀ ಮಜ್ಜನಾರ್ದನ ವಾಸುದೇವ  
ಪ್ರೀತ್ಯರ್ಥಂ, ಸೂರ್ಯ (ಚಂದ್ರ) ಪರಾಗ ಕಾಲೇ ತಿಲತರ್ಪಣಮಹಂ ಕರಿಷ್ಯೇ |  
ಅನೇನ ತಿಲ ತರ್ಪಣೇನ ಸಮಸ್ತ ಪಿತೃಂತರ್ಯಾಮಿ ಶ್ರೀ ಮಧ್ವವಲ್ಲಭ  
ಶ್ರೀಮಜ್ಜನಾರ್ದನ ವಾಸುದೇವ ಪ್ರೀಯತಾಂ ಪ್ರಿಯತೋ ವರದೋ ಭವತು | ಶ್ರೀ  
ಕೃಷ್ಣಾರ್ಪಣಮಸ್ತು |

अद्य पूर्वोच्चरित एवंगुण विशेषण विशिष्टायां शुभ पुण्यतिथौ, समस्त  
पितृन्तर्यामि श्री मध्ववल्लभ श्री मज्जनार्दन वासुदेव प्रीत्यर्थ, सूर्य  
(चंद्र) पराग काले तिलतर्पणमहं करिष्ये । अनेन तिल तर्पणेन  
समस्त पितृन्तर्यामि श्री मध्ववल्लभ श्रीमज्जनार्धन वासुदेव प्रीयतां  
प्रियतो वरदो भवतु । श्री कृष्णार्पणमस्तु ।

**DO NOTs :**

- 1. We must not go for urinals/latrine during Grahana – If we go for urinals – we will get daardidrya, if we go for latrine – we will get the Janma of insect.**
- 2. We must not sleep during Grahana Time, if we sleep we will get diseases**
- 3. We must not do maithuna during Grahana – if done, we will get Janma of pig**
- 4. We must not do abhyanjana snaana – if done, we will kusta roga. As such, one must not eat, sleep, urinals, maithuna, bhojana during grahana kaala**
- 5. Never watch a Surya Grahana with a naked eye, or binoculars or colour film or smoked glass or**

**Grahana sparsha time differs from place to place as per the chart mentioned herebelow :-**

<b>Place</b>	<b>Sparsha time (am)</b>	<b>Madhya kaala (pm)</b>	<b>Moksha kaala (pm)</b>
<b>Agartala</b>	<b>12.16</b>	<b>1.54</b>	<b>3.32</b>
<b>Ajwal</b>	<b>12.20</b>	<b>1.56</b>	<b>3.23</b>
<b>Bagalkote</b>	<b>11.19</b>	<b>1.14</b>	<b>3.10</b>
<b>Bangalore</b>	<b>11.17</b>	<b>1.14</b>	<b>3.11</b>
<b>Belgaum</b>	<b>11.14</b>	<b>1.10</b>	<b>3.07</b>
<b>Bellari</b>	<b>11.19</b>	<b>1.15</b>	<b>3.11</b>
<b>Bhopal</b>	<b>11.41</b>	<b>1.27</b>	<b>3.14</b>
<b>Bhuvaneshwar</b>	<b>11.57</b>	<b>1.41</b>	<b>3.26</b>
<b>Bidar</b>	<b>11.28</b>	<b>1.21</b>	<b>3.14</b>
<b>Bijapur</b>	<b>11.20</b>	<b>1.15</b>	<b>3.10</b>
<b>Chamarajanagar</b>	<b>11.12</b>	<b>1.10</b>	<b>3.09</b>
<b>Chandigar</b>	<b>11.58</b>	<b>1.33</b>	<b>3.08</b>
<b>Chandigarh</b>	<b>11.58</b>	<b>1.33</b>	<b>3.08</b>
<b>Chikmagalore</b>	<b>11.12</b>	<b>1.10</b>	<b>3.08</b>
<b>Chitradurga</b>	<b>11.15</b>	<b>1.12</b>	<b>3.10</b>
<b>Chjennai</b>	<b>11.25</b>	<b>1.20</b>	<b>3.15</b>
<b>Davanagere</b>	<b>11.10</b>	<b>1.14</b>	<b>3.10</b>
<b>Dehradun</b>	<b>11.59</b>	<b>1.35</b>	<b>3.11</b>
<b>Delhi</b>	<b>11.53</b>	<b>1.32</b>	<b>3.11</b>
<b>Dharwad</b>	<b>11.14</b>	<b>1.11</b>	<b>3.08</b>
<b>Dispur</b>	<b>12.21</b>	<b>1.57</b>	<b>3.32</b>
<b>Gadag</b>	<b>11.16</b>	<b>1.13</b>	<b>3.09</b>
<b>Gandhinagar</b>	<b>11.28</b>	<b>1.16</b>	<b>3.04</b>
<b>Gangtak</b>	<b>12.15</b>	<b>1.52</b>	<b>3.29</b>
<b>Gulbarga</b>	<b>11.24</b>	<b>1.18</b>	<b>3.12</b>
<b>Hassan</b>	<b>11.12</b>	<b>1.10</b>	<b>3.09</b>
<b>Haveri</b>	<b>11.14</b>	<b>1.11</b>	<b>3.09</b>
<b>Hyderabad</b>	<b>11.29</b>	<b>1.22</b>	<b>3.15</b>
<b>Imphal</b>	<b>12.24</b>	<b>1.58</b>	<b>3.33</b>
<b>Itanagar</b>	<b>12.26</b>	<b>2.00</b>	<b>3.33</b>
<b>Jaipur</b>	<b>11.46</b>	<b>1.28</b>	<b>3.09</b>
<b>Karwar</b>	<b>11.10</b>	<b>1.08</b>	<b>3.06</b>
<b>Kohima</b>	<b>12.25</b>	<b>1.59</b>	<b>3.34</b>
<b>Kolar</b>	<b>11.19</b>	<b>1.16</b>	<b>3.12</b>
<b>Kolkata</b>	<b>12.07</b>	<b>1.48</b>	<b>3.29</b>



<b>Koppal</b>	<b>11.18</b>	<b>1.14</b>	<b>3.10</b>
<b>Lucknow</b>	<b>11.57</b>	<b>1.38</b>	<b>3.19</b>
<b>Madikeri</b>	<b>11.09</b>	<b>1.08</b>	<b>3.07</b>
<b>Mandya</b>	<b>11.13</b>	<b>1.11</b>	<b>3.10</b>
<b>Mangalore</b>	<b>11.07</b>	<b>1.06</b>	<b>3.06</b>
<b>Mumbai</b>	<b>11.17</b>	<b>1.10</b>	<b>3.04</b>
<b>Mysore</b>	<b>11.12</b>	<b>1.10</b>	<b>3.09</b>
<b>Panaaji</b>	<b>11.11</b>	<b>1.08</b>	<b>3.06</b>
<b>Patna</b>	<b>12.05</b>	<b>1.45</b>	<b>3.25</b>
<b>Pondicherry</b>	<b>11.22</b>	<b>1.18</b>	<b>3.14</b>
<b>Raichur</b>	<b>11.23</b>	<b>1.18</b>	<b>3.13</b>
<b>Raipur</b>	<b>11.47</b>	<b>1.34</b>	<b>3.21</b>
<b>Ranchi</b>	<b>12.01</b>	<b>1.43</b>	<b>3.26</b>
<b>Shillong</b>	<b>12.20</b>	<b>1.56</b>	<b>3.32</b>
<b>Shimoga</b>	<b>11.12</b>	<b>1.10</b>	<b>3.08</b>
<b>Simla</b>	<b>11.59</b>	<b>1.34</b>	<b>3.09</b>
<b>Srinagar</b>	<b>12.02</b>	<b>1.31</b>	<b>3.00</b>
<b>Tiruvananthapur</b>	<b>11.05</b>	<b>1.05</b>	<b>3.05</b>
<b>Tumkur</b>	<b>11.14</b>	<b>1.12</b>	<b>3.10</b>
<b>Udupi</b>	<b>11.08</b>	<b>1.07</b>	<b>3.06</b>

*Other Countries -*

	<i>Sparsha</i>	<i>Madhya</i>	<i>Moksha</i>
<i>Bangkok</i>	<i>2.00 pm</i>	<i>3.37 pm</i>	<i>4.58pm</i>
<i>Singapore</i>	<i>3.10pm</i>	<i>4.26pm</i>	<i>5.32pm</i>
<i>Dubai</i>	<i>9.20am</i>	<i>10.51am</i>	<i>12.29pm</i>
<i>Abudabi</i>	<i>9.15am</i>	<i>10.46am</i>	<i>12.26pm</i>
<i>Doha</i>	<i>8.11 am</i>	<i>9.36am</i>	<i>11.12am</i>
<i>Kuwait</i>	<i>8.18am</i>	<i>9.31am</i>	<i>10.53am</i>
<i>Oman</i>	<i>9.22am</i>	<i>11.01am</i>	<i>12.45pm</i>
<i>Riyadh</i>	<i>7.59am</i>	<i>9.19am</i>	<i>10.52am</i>
<i>Almanamah</i>	<i>8.12am</i>	<i>9.34am</i>	<i>11.07am</i>
<i>Canada</i>	<i>NOT Visible</i>		
<i>Australia</i>	<i>NOT Visible</i>		

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