

Yama Dwiteeya

When it is to be observed ? - Yama Dwitiya is observed on the second day of the Shukla Paksha in Kartik maasa and is one of the last celebrations during Diwali. This is to be observed in the noon by worshipping Yamadharmaraja.

Yama Dwitiya is associated with Lord Yama Dharmaraja, the god of Death, visiting his sister Yamuna and is a symbol of love between brothers and sisters.

Whom to be worshipped - On that day, one has to do the pooja of Yama, Chitragupta and other servants of Yamadharmaraja. Ofcourse, we have to have the anusandhana of tadantargatha Bharateeramana mukhyapraanantargatha Sri Lakshmi Narasimhayanamaha. We have to give argya to Yamadharmaraja.

Argyamantra –

EhyEhi maartaanDaja paashahasta
yamaantakaaleKakadharaamarEsha |
bhraatRudvitIyaakRutadEvapOjaam
gRuhaaNa charGyam bhagavan namastE |

ಏಹ್ಯೇಹಿ ಮಾರ್ತಾಂಡಜ ಪಾಶಹಸ್ತ
ಯಮಾಂತಕಾಲೇಖಕಧರಾಮರೇಶ |
ಭ್ರಾತೃದ್ವಿತೀಯಾಕೃತದೇವಪೂಜಾಮ್
ಗೃಹಾಣ ಚಾರ್ಘ್ಯಮ್ ಭಗವನ್ ನಮಸ್ತೇ |

After pooja, we have to do namaskara to Yama and Yamune.

dharmaraaja namastubhyam namastE yamunaagraja |
paahi maam kinkarai:saardham sUryaputra namOstute |
yamasvasarnamastEstu yamunE lOkapUjite |
varadaa bhava mE nityam sUryaputrim namOstutu tE |

ಧರ್ಮರಾಜ ನಮಸ್ತುಭ್ಯಂ ನಮಸ್ತೇ ಯಮುನಾಗ್ರಜ |
ಪಾಹಿ ಮಾಂ ಕಿಂಕರೈಃ ಸಾರ್ಧಂ ಸೂರ್ಯಪುತ್ರ ನಮೋಸ್ತುತೇ |
ಯಮಸ್ವಸರ್ನಮಸ್ತೇಸ್ತು ಯಮುನೇ ಲೋಕಪೂಜಿತೇ |
ವರದಾ ಭವ ಮೇ ನಿತ್ಯಂ ಸೂರ್ಯಪುತ್ರಿಂ ನಮೋಸ್ತುತು ತೇ |

If ladies are not doing the pooja of our elder brothers on Kartheeka Shudda Dwiteeya, they will not have brothers for the next seven Janma. If we do some pooja for their brothers, they will have dheerghayassu and the sister will have soubhagya.

On this day, brothers shall have meals in the sister's house invariably. That is the blessings by Yamuna when he ate in his sister's house. On that day the svagraha bhojana is nishiddha.

If there is no sister, he can go to his friends' sister's house or can go to his sodaratte (mother-in law) house

On Yamadwiteeya day the brothers have to give Nuthana vastra, abharana, to his sisters.

Any story behind Yama dwiteeya? –

Once, Yamadharma, the Narakalokadhipathi, visited his sister, Yamuna, on the second day of the Shukla Paksha in Kartik month after Diwali.

Yamuna welcomed her brother by applying the auspicious tilak on his forehead. Then the brother and sister exchanged gifts. Yamuna also served Yamadharmaraja his favorite dishes..

Yamaraj who was overwhelmed by the love of his sister is believed to have said to Yamuna that who receives Tilak from his sister will have to never suffer hell.

Since then Yama Dwitiya is observed as a symbol of love between brothers and sisters.

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